

Designed in 2006 using the highest quality and durable materials. It combines the highest standards in Vibrating Exercise Equipment with guaranteed results.

## www.selficon.com The most Advanced Vibrating System to date.

#### **Benefits**

- Improved muscle strength and performance
- Increased flexibility and range of motion
- Enhanced critical blood flow throughout the body Þ (oxygenation and lymph drainage)
- Increased secretion of hormones that are important in regeneration and repair processes, such as HGH (Human Growth Hormone), and testosterone.
- Increased bone density
- Increase of the happiness hormone serotonin and neurotrophine
- Decreased cortisol levels with Whole body Vibration
- Rehabilitate injuries and ailments
- Enhanced explosive strength
- Enhanced conventional training results
- Enhanced training recovery

- Reduced lower back pain
- Enhanced pain reduction
- Improved collagen production
- Reduced appearance of cellulite
- Reducing the effects of stress

# TIME SELECT Vibe User Friendly Control Panel

### Available in: Red, Blue, Orange, Yellow & Silver

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Achieve the best results in Health - Fitness - Beauty - Anti Aging - Cellulite Reduction

The most Advanced Vibrating System to date.

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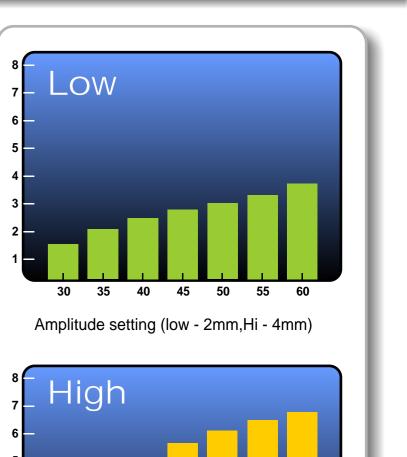
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Accelerated weight loss with Whole body Vibration

### BROUGHT TO YOU BY SELF ICON



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